

INDIAN SCHOOL MUSCAT PO Box: 2470, Ruwi, P.C. 112 Sultanate of Oman



ISM/PRN/025/2023-24

April 19, 2023

CIRCULAR TO CLASSES V TO XII

Dear Parent,

Greetings from Indian School Muscat!

This is to inform you that the inter house selections and matches are scheduled to be held on the following dates. All the selections and inter house matches will be held in the main school campus. Students interested in participating in the selection trials may contact their house masters/ mistresses and report to them as per the schedule given below.

Schedule for the Inter house matches is also given below for the students who will be selected for the house teams. All the inter house matches will be conducted as per the international federation rules & regulations.

HOUSE SELECTIONS- MIDDLE SECTION (CLASSES V TO VIII)

DATE	EVENT	HOUSE	TIME
1 st May 2023	ATHLETICS- BOYS & GIRLS- 100m & Long jump	All the Houses	5.15 p.m. to 6.30 p.m.
2 nd May 2023	ATHLETICS- BOYS & GIRLS- 200m	All the Houses	5.15 p.m. to 6.30 p.m.
3 rd May 2023	ATHLETICS- BOYS & GIRLS- 400m	All the Houses	5.15 p.m. to 6.30 p.m.
4 th May 2023	ATHLETICS- BOYS & GIRLS50m & 800m	All the Houses	5.15 p.m. to 6.30 p.m.
7 th May 2023	KHO KHO- BOYS	BLUE	5.15 p.m. to 6.30 p.m.
	FOOTBALL – BOYS	GREEN	5.15 p.m. to 6.30 p.m.
	BADMINTON- BOYS & GIRLS	RED	5.15 p.m. to 6.30 p.m.
8 th May 2023	KHO KHO- BOYS	YELLOW	5.15 p.m. to 6.30 p.m.
	FOOTBALL – BOYS	BLUE	5.15 p.m. to 6.30 p.m.
	BADMINTON- BOYS & GIRLS	GREEN	5.15 p.m. to 6.30 p.m.
9 th May 2023	KHO KHO- BOYS	RED	5.15 p.m. to 6.30 p.m.
	FOOTBALL – BOYS	YELLOW	5.15 p.m. to 6.30 p.m.
	BADMINTON- BOYS & GIRLS	BLUE	5.15 p.m. to 6.30 p.m.
10 th May 2023	KHO KHO- BOYS	GREEN	5.15 p.m. to 6.30 p.m.
	FOOTBALL – BOYS	RED	5.15 p.m. to 6.30 p.m.
	BADMINTON- BOYS & GIRLS	YELLOW	5.15 p.m. to 6.30 p.m.
11 th May	BASKETBALL - BOYS & GIRLS	BLUE	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS & GIRLS	GREEN	5.15 p.m. to 6.30 p.m.
	TABLE TENNIS - BOYS & GIRLS	RED	5.15 p.m. to 6.30 p.m.
14 th May 2023	BASKETBALL - BOYS & GIRLS	YELLOW	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS & GIRLS	BLUE	5.15 p.m. to 6.30 p.m.
	TABLE TENNIS - BOYS & GIRLS	GREEN	5.15 p.m. to 6.30 p.m.
15 th May 2023	BASKETBALL - BOYS & GIRLS	RED	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS & GIRLS	YELLOW	5.15 p.m. to 6.30 p.m.
	TABLE TENNIS - BOYS & GIRLS	BLUE & YELLOW	5.15 p.m. to 6.30 p.m.





16 th May 2023	BASKETBALL - BOYS & GIRLS	GREEN	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS & GIRLS	RED	5.15 p.m. to 6.30 p.m.
	KHO KHO (GIRLS)	ALL HOUSES	5.15 p.m. to 6.30 p.m.

INTER HOUSE MATCHES- MIDDLE SECTION (CLASSES V TO VIII)

DATE	EVENT	HOUSE	TIME
4 th June 2023	BASKETBALL- BOYS	BLUE VS YELLOW	5.15 p.m. to 6.30 p.m.
	BADMINTON - GIRLS	BLUE VS YELLOW	5.15 p.m. to 6.30 p.m.
5 th June 2023	BASKETBALL- BOYS	GREEN VS RED	5.15 p.m. to 6.30 p.m.
	BADMINTON - GIRLS	GREEN VS RED	5.15 p.m. to 6.30 p.m.

HOUSE SELECTIONS – SENIOR SECTION (CLASSES IX TO XII)

DATE	EVENT	HOUSE	TIME
1 st May 2023	FOOTBALL- BOYS	BLUE	5.15 p.m. to 6.30 p.m.
	BASKETBALL- BOYS	GREEN	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL- GIRLS	RED	5.15 p.m. to 6.30 p.m.
	BADMINTON- GIRLS	YELLOW	5.15 p.m. to 6.30 p.m.
2 nd May 2023	FOOTBALL- BOYS	YELLOW	5.15 p.m. to 6.30 p.m.
	BASKETBALL- BOYS	BLUE	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL- GIRLS	GREEN	5.15 p.m. to 6.30 p.m.
	BADMINTON- GIRLS	RED	5.15 p.m. to 6.30 p.m.
3 rd May 2023	FOOTBALL- BOYS	RED	5.15 p.m. to 6.30 p.m.
	BASKETBALL- BOYS	YELLOW	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL- GIRLS	BLUE	5.15 p.m. to 6.30 p.m.
	BADMINTON- GIRLS	GREEN	5.15 p.m. to 6.30 p.m.
4 th May 2023	FOOTBALL- BOYS	GREEN	5.15 p.m. to 6.30 p.m.
	BASKETBALL- BOYS	RED	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL- GIRLS	YELLOW	5.15 p.m. to 6.30 p.m.
	BADMINTON- GIRLS	BLUE	5.15 p.m. to 6.30 p.m.
7 th May 2023	ATHLETICS- 100m & 1500m	All the Houses	6:00 a.m. to 7:00 a.m.
7 th May 2023	ATHLETICS- Long jump	All the Houses	5.15 p.m. to 6.30 p.m.
	TABLE TENNIS- BOYS & GIRLS	BLUE	5.15 p.m. to 6.30 p.m.
	CHESS- BOYS & GIRLS	GREEN	5.15 p.m. to 6.30 p.m.
	BASKETBALL- GIRLS	RED	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS	YELLOW	5.15 p.m. to 6.30 p.m.
8 th May 2023	ATHLETICS- 200m	All the Houses	6:00 a.m. to 7:00 a.m.
	TABLE TENNIS- BOYS & GIRLS	YELLOW	5.15 p.m. to 6.30 p.m.
	CHESS- BOYS & GIRLS	BLUE	5.15 p.m. to 6.30 p.m.
	BASKETBALL- GIRLS	GREEN	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS	RED	5.15 p.m. to 6.30 p.m.
9 th May 2023	ATHLETICS-400m	All the Houses	6:00 a.m. to 7:00 a.m.
	TABLE TENNIS- BOYS & GIRLS	RED	5.15 p.m. to 6.30 p.m.
	CHESS- BOYS & GIRLS	YELLOW	5.15 p.m. to 6.30 p.m.
	BASKETBALL- GIRLS	BLUE	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS	GREEN	5.15 p.m. to 6.30 p.m.
10 th May 2023	ATHLETICS- 800m	All the Houses	6:00 a.m. to 7:00 a.m.
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10 th May 2023	ATHLETICS- High jump	All the Houses	5.15 p.m. to 6.30 p.m.
	TABLE TENNIS- BOYS & GIRLS	GREEN	5.15 p.m. to 6.30 p.m.
	CHESS- BOYS & GIRLS	RED	5.15 p.m. to 6.30 p.m.
	BASKETBALL- GIRLS	YELLOW	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS	BLUE	5.15 p.m. to 6.30 p.m.
11 th May 2023	ATHLETICS- 100m, 3000m	All the Houses	6:00 a.m. to 7:00 a.m.
11 th May 2023	BADMINTON- BOYS	BLUE & RED	5.15 p.m. to 6.30 p.m.
	FOOTBALL – GIRLS	GREEN &YELLOW	5.15 p.m. to 6.30 p.m.
	KHO KHO – BOYS & GIRLS	RED & BLUE	5.15 p.m. to 6.30 p.m.
14 th May 2023	BADMINTON- BOYS	YELLOW & GREEN	5.15 p.m. to 6.30 p.m.
	FOOTBALL – GIRLS	BLUE & RED	5.15 p.m. to 6.30 p.m.
	KHO KHO – BOYS & GIRLS	GREEN & YELLOW	5.15 p.m. to 6.30 p.m.

INTER HOUSE MATCHES- SENIOR SECTION (CLASSES IX TO XII)

DATE	EVENT	HOUSE	TIME
4 th June 2023	FOOTBALL - BOYS	GREEN VS YELLOW	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS	RED VS BLUE	5.15 p.m. to 6.30 p.m.
	KHO KHO – GIRLS	BLUE VS RED	5.15 p.m. to 6.30 p.m.
	CHESS - GIRLS	YELLOW VS GREEN	5.15 p.m. to 6.30 p.m.
5 th June 2023	FOOTBALL - BOYS	BLUE VS RED	5.15 p.m. to 6.30 p.m.
	VOLLEYBALL - BOYS	GREEN VS YELLOW	5.15 p.m. to 6.30 p.m.
	KHO KHO – GIRLS	GREEN VS YELLOW	5.15 p.m. to 6.30 p.m.
	CHESS - GIRLS	RED VS BLUE	5.15 p.m. to 6.30 p.m.

Kindly Note:

- All the participants are expected to wear their house colour T-shirt for the selections and inter house matches.
- Reporting time of the events should be followed strictly by the participants. They need to report to their classes by 7.15 a.m. in case of morning selections.
- House Captains / Vice captains are requested to submit their house team lists with full name, Class & section, Date of birth and GR number to the PE teacher in charge before the event.

Further queries and more details please contact Mr. Harikrishna Pillai, HoD, Dept of PE at hodpe.senior@ismoman.com or Ph. No. 99452306

With warm Regards

Dr Rajeev Kumar Chauhan

Principal